

Prescription drug abuse among our nation's youth is a real epidemic.

3 Steps To Prevent Teen Rx Drug Abuse



1

Don't share Rx medicines.

One in five parents reports giving their teen a prescription drug that was not prescribed for them.



2

Securely store Rx medicines.

Lock your medicine cabinets and monitor access.



3

Properly dispose of Rx medicines.

Drop them off at a drug take-back or disguise them in trash.



49%

of teens who misuse or abuse Rx medicines obtained them from a friend.



73%

of teens indicate that it's easy to get prescription drugs from their parent's medicine cabinet.

More than half of parents say anyone can access their medicine cabinet.



17%

of parents do not dispose of expired medications properly.

Do not flush medications down the toilet.

For more information about the prevention of teen Rx drug abuse please visit www.DropThemOff.com

The Mark Wahlberg Youth Foundation (MWYF) has formed a partnership with Millennium Health and the Partnership for Drug-Free Kids to let you know what you can do about this problem. Please visit www.dropthemoff.com for more vital information about Rx drug abuse among teens and to watch and share encouraging videos from Mark Wahlberg and friends.

